LUNCH & DRINK

GRAB A TASTY LUNCH DISH AND REFRESHING SIP

Monday - Friday 12-4pm only

SOCIAL PUB AND KITCHEN

From only **£10**

WRAPPERS' DELIGHT
YOUR CHOICE OF FLATBREAD OR WRAP SERVED WITH SKIN-ON-FRIES

CRISPY CHICKEN
Crispy chicken strips, salt, pepper & chilli mayo, mixed leaves, cheese & sticky BBQ sauce, topped with fresh tomato salsa and sweet & sour onion.
1093 kcal (excluding bread option)
flatbread +262 kcal, wrap +288 kcal

DONER KEBAB
Chicken & beef doner strips, mint mayo, mixed leaves and sweet chilli & lime sauce, topped with fresh tomato salsa, sweet & sour onion and coriander.
1101 kcal (excluding bread option)
flatbread +262 kcal, wrap +288 kcal

TANDOORI CHICKEN
Tandoori chicken pieces, mint mayo, mixed leaves and PEPPADEW® pepper sauce, topped with fresh tomato salsa, coriander. 970 kcal (excluding bread option)
flatbread +262 kcal, wrap +288 kcal

CRISPY COATED SMOKED TOFU (VG)
Crispy coated smoked tofu bites, salt, pepper & chilli mayo, mixed leaves, PEPPADEW® pepper sauce & pieces and garlic & herb sauce, topped with fresh tomato salsa. 1300 kcal (excluding bread option)
flatbread +262 kcal, wrap +288 kcal

OUR RATED PLATES

AVO SALAD (VG)
Baby gem lettuce, rocket, avocado, roasted peppers, sweet & sour onion, tomatoes, spring onion and a garlic & herb sauce dip. 446 kcal

BUDDHA BOWL (V)
Zesty coriander & lime rice, mango, tomato & onion salsa, sweetcorn riblets, roasted peppers, sour cream, red chilli and coriander. 473 kcal
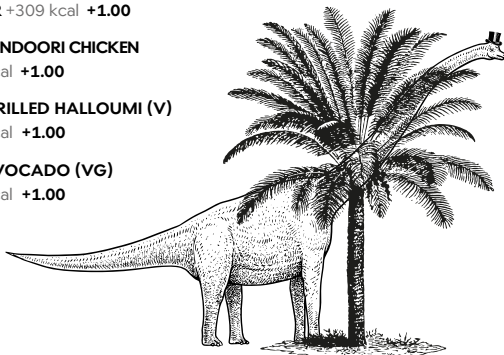
TOP YOUR RATED PLATE

ADD BREADED CHICKEN THIGH BURGER +309 kcal **+1.00**

ADD TANDOORI CHICKEN +254 kcal **+1.00**

ADD GRILLED HALLOUMI (V) +375 kcal **+1.00**

ADD AVOCADO (VG) +228 kcal **+1.00**

CRAFTED BURGERS

OUR BURGERS ARE SERVED IN A BUN WITH SHREDDED LETTUCE, PICKLES, DICED ONION AND OUR UNIQUE MAC DADDY SAUCE, WITH A SIDE OF SKIN-ON FRIES.

THE DRIBBLER
Crispy coated chicken, cheese sauce, sneaky satay mayo, coriander and spring onion. 1212 kcal
(V-M AVAILABLE WITH TINDLE™ THY) 1305 kcal

MVB (NATIONAL BURGER AWARDS FINALIST 24')
Smashed beef patties, melted cheese, millionaire's bacon and fool's gold mayo. 1716 kcal

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(V) Suitable for vegetarians. **(VG)** Suitable for vegans. **(V-M)** Made with vegetarian ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. **(VG-M)** Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. **Do you have any allergies?** Please inform staff of any allergies before placing your order, even if you have eaten the dish before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes. **While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination.** All vegan cheese used in our dishes is non-dairy. Our burger cheese slice is processed. Fish and poultry dishes may contain bones. All weights are approximate uncooked. Ingredients are based on standard product formulations; variations may occur. Calories/nutritional values stated are subject to change. There is significant risk of cross-contamination in our deep fat fryers. Adults need around 2000 kcal a day.

PICK A SIP

COCA COLA ORIGINAL TASTE 369ML 155 kcal

DIET COKE 369ML 1 kcal

COCA COLA ZERO SUGAR 369ML 2 kcal

SCHWEPPES LEMONADE 369ML 70 kcal

SCHWEPPES TONIC 200ML 42 kcal

SCHWEPPES SLIMLINE TONIC 200ML 4 kcal

SCHWEPPES ORANGE JUICE BOTTLE 200ML 94 kcal

FANCY SOMETHING SAUCY?
UPGRADE YOUR DRINK FOR £2 EXTRA

TANQUERAY GIN 41.3% ABV

AMSTEL 4.1% ABV

INCH'S CIDER 4.5% ABV

WHITE WINE 125ML 12% ABV

RED WINE 125ML 13% ABV

ROSÉ WINE 125ML 11.5% ABV

HEINEKEN 0.0% 330ML 69 kcal

PERONI 0.0% 330ML 76 kcal

DAYS LAGER 0% 330ML 73 kcal

OASIS SUMMER FRUITS 330ML 59 kcal

RED BULL 250ML 115 kcal

RED BULL SUGARFREE 250ML 8 kcal

RED BULL PINK FOREST FRUIT 250ML 5kcal

Adults need around 2000 kcal a day